

ALEXANDER HOUSE

NEWSLETTER NUMBER 11

Since the last newsletter there have been many changes in the personnel in the house. We welcomed a new resident named Sujata and we hope she will be happy here. We also welcomed new staff members, Bernadita and Uchini who joined us in October. They fit well into the team.



Also in October we had the services of another volunteer named Cami who visits each week and chats to the residents.



Thanks to everyone's generosity another donation was made to Embracing Age which was gratefully received and also in November we welcomed two more new members of staff, Nirosha and Irma, and we were pleased to have them.

The next notable occasion was of course Christmas when the house was beautifully decorated with a lovely big tree, a crib and lots of fairy lights and the annual big party was held.



There was a wide selection of food and drink from a variety of countries including a delicious curry made by a member of the staff. It went down very well and there was plenty to drink to wash it down. We welcomed lots of visitors and there was live music to enjoy and plenty of conversation. Everyone was very happy and the party went with a swing. It was a great success and congratulations to those who organised it all.



Members of All Saints church came and sang some carols for us. It was very enjoyable as was the visit by carol singers from the KICC church.



Christmas lunch was a really one traditional with roast turkey and all the trimmings with Christmas pudding to follow. It was greatly appreciated and thanks to the staff who did the cooking.



The new year lunch consisted of baked salmon with leeks in white sauce which was delicious.

Christmas over it was back to normal with the resumption of the weekly exercise class. Everyone was

in need of a few gentle exercises after eating and drinking too much!



Thanks to everyone's continuing generosity it was possible to make yet another donation to Embracing Age and the cheque was gratefully received.

That is about all for this newsletter. Hope you have enjoyed reading it and Happy New Year.

January 2020