

ALEXANDER HOUSE NEWSLETTER NUMBER 5

JULY 2017

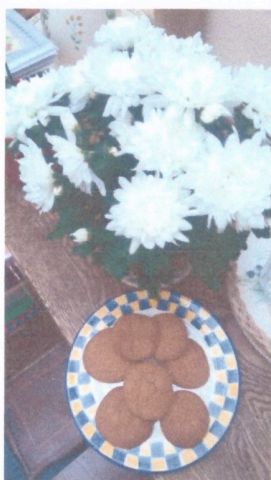
We begin this newsletter by welcoming new residents and staff. We hope they will be happy here.



In February The Bold Balladiers came to entertain us and were greatly enjoyed by all.

We still have strong links with Embracing Age and a few of us attended a dinner to celebrate their second birthday. The food was delicious and the speeches were short but informative. It was nice to hear everyone's stories. We look forward to the next anniversary dinner.

We have made three more donations to Embracing Age from the money collected from card sales. Thanks to everyone who bought and hope you will continue to do so in the future.



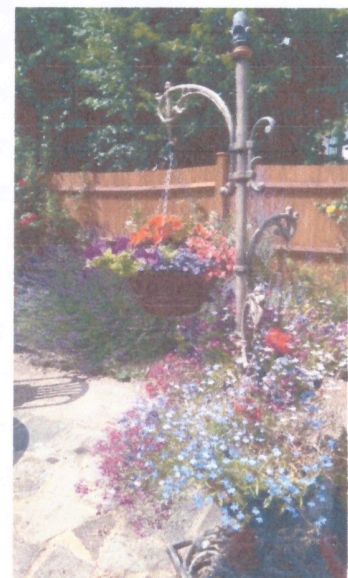
There has been a very successful baking session in June. It was based on a recipe from Waitrose which we found on a visit there and hope to repeat the exercise. The ginger biscuits were delicious and easy to make. They looked just like the picture.



We were treated to a lovely outing to Kew Gardens at the end of June. We travelled round the gardens in the mobility bus and had a guide who pointed out things of interest as we went along. It was a lovely sunny day so the flowers all looked spectacular. The visit ended with refreshments in the Orangery.



Not to be outdone Alexander House has its own display of flowers this year.



Finally we hope you enjoyed reading this newsletter and will join us for the summer party in August.