



# ALEXANDER HOUSE NEWSLETTER NUMBER 7

September 2018

Welcome to the latest edition of the Alexander House newsletter

We begin with Donna and Richard taking a well earned holiday in Malaysia. They could be sure that the house would run smoothly in their absence so could relax and enjoy the time away. On their return they got involved with organizing their son's wedding so had a busy time.

In March a volunteer called Martin came a few times to play the keyboard and we all joined in with the singing. It was very enjoyable but unfortunately Martin found it difficult to fit in his other commitments with his visits here. We also had visits from Kerry who came a few times and played Scrabble with the residents.



The Bold Balladiers came to entertain us in March and played a mixture of classical pieces and songs we could sing along with. As usual the performance was very enjoyable.

The first of two donations to Embracing Age were made and were gratefully



received

Our thanks to all of you who who bought cards and hope you will buy again.

May saw Jackie's hundredth birthday which was celebrated in style with a big party. Other birthdays were celebrated as they arose.

We were treated to a trip to the Isabella Plantation



in Richmond Park in May as well. Richard took us in the car and then we walked or used a wheelchair to go round. We were lucky because the azaleas were in full bloom and looked lovely. The visit ended at Pembroke Lodge for refreshments. We all enjoyed it very much.





Our regular volunteer, Migle, came and did manicures for some of the residents who enjoyed being pampered and we all liked having lovely nails.



That was in June when we had a new carpet laid downstairs. It caused very little disruption and was done in a day. Now we are very careful not to spill





or drop things on it!

July saw Donna and Richard taking another break and we welcomed a new member of staff to the house. Her name is Estrella and we hope she will be happy here. We also have three new residents, Pamela, Rosemarie and Maureen. We wish the same for them.

We were given a demonstration of a computer programme by Diana's nephew which was very interesting.

The summer party was held in September and we were very lucky with the weather which was warm and sunny so we could hold it in the garden. The residents were encouraged to look their best and some even wore make up for the first time in ages. Lots of guests came and enjoyed the live music, the excellent food and drink and the company. Visitors ages ranged from the very young to the not so young but the star of the show was Alfie, a big golden retriever!



September also brought a visit from Connaught Opera who sang lots of well known songs so we could all join in. It was very enjoyable.



Finally we would like to congratulate Eden who is expecting her first baby in the New Year. We wish her well.

That's all for this newsletter and hope you have enjoyed reading it.